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[Home](#)

[Nur Muhamma](#)

Secrets of Light
Muhammad Reality
Creation Secrets,
Throne of God

[Sufi Meditation](#)

[Muraqabah](#)

Sufi Energy **UPDAT**
Practices, Divine
Energy, Prophetic
Sufi Meditation
Angelic Sufi
Meditation

[Lataif of](#)

[The Heart](#)

Sufi Meditation
Muraqabah Chakras,
colors & teachings
of 5 Lataif Heart,
9 Points of Enneagram
Sufi Meditation Sufi
Energy

[Secrets of](#)

[Naqshbandi](#)

UPDAT

Ancient Secrets of
Naqshbandi Sufi Order

[Mystic Letters](#)

Sufi Numerology Abjad
Table 29 Muqataat
ilm Huroof science of
Numbers Letters

[News &](#)

[Contact Us](#)

Events Photos,

[About](#)

Naqshbandi Sufi Way

[Internet Links](#)

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Translate this site in
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New PDF files

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BISMILLAH HIR RAHMAN NIR RAHEEM

(In the Name of Allah, Most Gracious, Most Merciful)

All praise is for Allah. Darood (Blessings) and Salaam (Peace) on Muhammad, his Family, and his Companions.

ALLAHUMMA SALLI ALA SAYYIDINA MUHAMMADIN NABEE YIL UMMEE WA ALIHI WA BARIK WA SALLIM
ASTAGHFIR ULLAHA ALLAZI LA ILAHA ILLA HUWAL HAYYUL QAYYUM WA ATUBU ILAYH



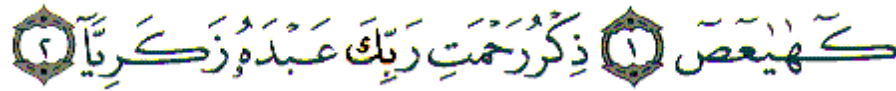
HAA - THE ARABIC LETTER INTRODUCTION

The Arabic Letter Haa (هـ) in the normal Arabic character set is 27.=9

In the numerical character set, Abjad, Haa (هـ) is the 5th Letter with numerical value 5. This article is about the spiritual meaning of the Letter Haa (هـ). { 5th level of heart Huwiya }

THE LETTER HAA (هـ)

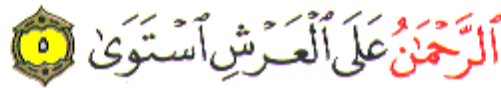
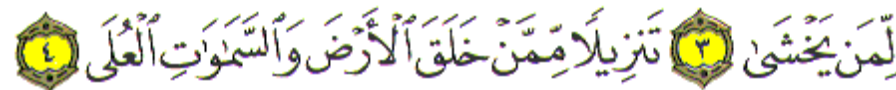
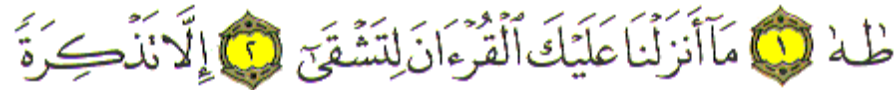
The Letter Haa (هـ) is a **Muqattaat** Letter. That is, it is used as a Letter in the opening verses of two Chapters of the Quran. These two Chapters of the Quran are:



1 Kaaf Ha Ya Ayn Saad.

2 (This is) a recital of Mercy of your Rabb to His Servant Zakariya.

[Quran: Maryam Chapter 19]



1 Ta Haa.

2 We have not revealed this Quran to you so that you should be distressed,

3 But as a reminder to him who fears,

4 A revelation from Him Who created the earth and the high heavens,

5 Ar Rahman (Most Gracious), Who is established on the Throne

[Quran: Ta Ha Chapter 20]

Since the value of the Letter Haa (هـ) is 5 and it is used 2 times as a Muqattaat Letter we get:

5 (هـ) times 2 = 10 = **ي** which is Knowledge.

If we look at the first usage of the Letter Haa (هـ) as a Muqattaat Letter, we find that it is followed by



Mawlana Shaykh Kabbbani

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the Letter Ya (ي). Knowledge (ي = 10) leads the '0' to '1'.

Knowledge comes from Allah through **Hidayat** **هداية** Guidance.
And Hidayat leads to Knowledge and Knowledge leads to Allah.

HIDAYAT - GUIDANCE

Hidayat **هداية** is Guidance. How do we take in Guidance ?

We rely on the 5 senses given to us by Allah.

These 5 senses are:

1- Hearing, 2 - Sight, 3 - Touch, 4 - Smell and {5 - Taste}

Everyone of us relies on these 5 senses.

The disbelievers are servants of these 5 senses. The disbelievers want a physical 'form' to worship. They will not believe unless they can 'see' or 'touch' or 'hear' physically with some of their senses.

The believers are masters of these 5 senses. The believers use their senses as servants. The believers only rely on these senses in order to gather information. They accept the existence of Allah because

they have **heard** the teachings of Allah through the Messengers (رسل) of Allah.

After careful consideration they have accepted what the ears have told them. Muslims are a community of witnesses because they recite the **Shahadat**.

A **Shahid** is one who witnesses **There is no god only Allah Muhammad is the Messenger of Allah** with his / her intelligence based on the information gathered by the senses.

Hidayat is knowing the truth from falsehood. **Hidayat** is controlling our 5 senses to be our servants and not our masters. What do we find in Quran ?

CONTROLLING THE 5 SENSES

We find in the Quran:

(To keep the article short and simple, only one example will be shown per sense)

- What we can eat and what is forbidden - **Taste**

118 Eat that over which the name of Allah has been mentioned, if you are believers in His revelations [Quran: Al Anaam Chapter 6]

- What we can see and what is forbidden - **Sight**

30 Tell the believing men to lower their gaze and be modest. That is purer for them. Allah is Aware of what they do.

31 And tell the believing women to lower their gaze and be modest, and to display of their adornment only that which is apparent, and to draw their veils over their bosoms, and not to reveal their adornment save to their own husbands or fathers or husbands' fathers, or their sons or their husbands' sons, or their brothers or their brothers' sons or sisters' sons, or their women, or their slaves, or male attendants who lack vigour, or children who know nothing of women's nakedness. And let them not stamp their feet so as to reveal what they hide of their adornment. And turn unto Allah together, O believers, in order that you may succeed.

[Quran: An Noor Chapter 24]

- What we can touch and what is forbidden - **Touch**

12 Ya ay yuhan Nabee (Prophet) ! If believing women come to you, taking oath of allegiance unto you that they will ascribe nothing as partner unto Allah, and will neither steal nor commit adultery nor kill their children, nor produce any lie that they have devised between their hands and feet, nor disobey you in what is right, then accept their allegiance and ask Allah to forgive them. Allah is Forgiving, Merciful.

[Quran: Al Mumtahanah Chapter 60]

- What we can hear and what is forbidden - **Hearing**

3 A scripture whereof the verses are expounded, a Lecture in Arabic for people who have knowledge.

4 Good tidings and a warning. But most of them turn away so that they hear not.

[Quran: Ha Meem Chapter 41]

- What we can sense with our nose - **Smell**

94 When the caravan left (Egypt) their father said: "I do indeed scent the presence of Yusuf (Joseph): though you may deny it."

[Quran: Yusuf Chapter 12]

An important point to note is that 4 of the 5 senses are localised to the organs, namely smell, sight, taste and hearing.

But the sense of touch is spread all over the body.

Why do we need to control the 5 senses ?

Because the punishment or reward is based on these 5 senses.

20 At length when they reach the (Fire) their hearing their sight and their skins will bear witness against them as to (all) their deeds.


21 They will say to their skins: "Why do you bear witness against us?" They will say: "Allah has given us speech (He) Who gives speech to everything: He created you for the first time and unto Him were you to return.

[Quran: Ha Meem Chapter 41]

Since the sense of touch is spread all over the body, the punishment of burning in the fire is the most difficult to bear. May Allah have Mercy on everyone of us.

How do we control the 5 senses ?

By taking 5 steps, and then again another

5 steps. $5 + 5 = 10 =$  Knowledge.

The first 5 steps are **Wudu**.

WUDU - ABLUTION

Step 1 is a body free of impurities.

Step 2 is clothes free of impurities.

Step 3 is saying **Bismillah Hir Rahman Nir Raheem** at the start of **Wudu**.

Step 4 is performing the **Wudu**.

Wudu is essentially washing or cleaning the 5 senses.

- We need to wash the hands (**touch**),
- the mouth (**taste** - 3 times),
- the nose (**smell** - 3 times),
- the face (eyes are included in this - **touch** and **sight** - 3 times),
- the arms (**touch** - 3 times, starting with the right arm and then repeating with the left arm).
- Run moistened hands from forehead, over the head to the back of the neck and back to the forehead (**touch**).
- Then we wipe the ears with moistened fingers (**hearing**),
- and finish of with washing the feet (**touch** - washing the right foot first and then the left foot).

To conclude the Wudu we take the fifth step.

Step 5 is the recitation of Kalima Shahadat:

ASH HADU AL LA ILAHA ILL ALLAHU WA ASH HADU AN NA MUHAMMADAN ABDUHU WA RASOOLUH

I TESTIFY (BEAR WITNESS TO THE FACT) THERE IS NO GOD ONLY ALLAH AND I TESTIFY MUHAMMAD IS HIS SERVANT AND RASOOL (MESSENGER)

Notice that we have to clean the sense of **touch** in the Wudu in **5** stages.

The other 5 steps are the 5 Daily prayers.

THE FIVE DAILY PRAYERS

- There are 5 prayers (Salah) per day.

- These are **Fajr** فجر , **Zuhr** ظهر , **Asr** عصر , **Maghrib** مغرب and **Ishaa** عشاء .
- The purpose of the prayers is to communicate with Allah. The purpose of the prayers is to keep remembering Allah throughout the day and the night. The purpose of the prayer is keep ourselves pure physically and spiritually. The purpose of the prayer is to attain 'nearness' to Allah.

If we look at the numerical values of the names of the prayers:

$$\text{Fajr} \text{ فجر} = 283 = 200 (\text{ر}) + 3 (\text{ج}) + 80 (\text{ف})$$

$$\text{Zuhr} \text{ ظهر} = 1105 = 200 (\text{ر}) + 5 (\text{هـ}) + 900 (\text{ظ})$$

$$\text{Asr} \text{ عصر} = 360 = 200 (\text{ر}) + 90 (\text{ص}) + 70 (\text{ع})$$

$$\text{Maghrib} \text{ مغرب} = 1242 = 2 (\text{ب}) + 200 (\text{ر}) + 1000 (\text{غ}) + 40 (\text{م})$$

$$\text{Ishaa} \text{ عشاء} = 372 = 1 (\text{ء}) + 1 (\text{ا}) + 300 (\text{ش}) + 70 (\text{ع})$$

If we add all of the above totals we get :

$$283 + 1105 + 360 + 1242 + 372 = 3362$$

If we reduce the overall total to a single digit we get :

$$3 + 3 + 6 + 2 = 14$$

$$1 + 4 = 5 = \text{هـ}$$

The 5 prayers are named in such a way that the overall total numerical values of all their names can be reduced to the number 5 which is the numerical value of the Letter Haa (هـ).

That Letter Haa (هـ) is connected to Hidayat هداية - Guidance.

The Hidayat came from Hu هو to His Messengers (ر) and they in turn taught it to their communities.

FROM HU THROUGH HADEE

Hidayat comes from Allah. And Allah is Hu هو.

Hu هو sent the Hidayat هداية Guidance to a Hadee هادي Guide chosen by Him. That Hadee هادي Guide is Muhammad ﷺ.

That Hidayat هداية is recorded for us in the Quran.

51 And it was not (vouchsafed) to any mortal that Allah should speak to him unless (it be) by revelation or from behind a veil, or (that) He sends a messenger to reveal what He will by His leave. He is Exalted, Wise.

52 And thus have We inspired in you (Muhammad) a Spirit of Our command. You did not know what the Scripture was, nor the Faith. But We have made it a Noor (light) whereby We guide whom We will of Our servants. And you do guide to the right path.

[Quran: Ash Shura Chapter 42]

May Allah and His Rasool ﷺ Guide us and keep us on True Guidance. *Ameen.*

Only Allah Knows Best.

Al Hamdu Lillah Rabbil Alameen. All praise is for Allah, the Rabb of the worlds. Blessings on

Muhammad ﷺ, his family, and his companions. Allah in His infinite Generosity has permitted me to write a little about each of the Letters in His Name.

Alif ا

Laam Part 1 ل

Laam Part 2 ل

Ha هـ

Allahumma اللهم accept this humble effort. Raise Sayyidina Muhammad ﷺ to an even higher

Darajat (Rank) since he has delivered the Message to us faithfully. Allahumma اللهم Bless

Muhammad ﷺ, his family, his household and his Companions. اللهم Allahumma bestow Your knowledge on us. Knowledge that will benefit your creation. Rabbi, You are Samee (All Hearing) un Baseer (All Seeing). Ameen.

Khalid M. Malik Ghouri

Darood and Salaam on Muhammad, His Family, and His Companions

ALLAHUMMA SALLI ALA MUHAMMADIN WA ALA ALI MUHAMMADIN KAMA SALLAITA ALA IBRAHEEMA WA ALA ALI IBRAHEEMA INNAKA HAMEEDUM MAJEED
ALLAHUMMA BARIK ALA MUHAMMADIN WA ALA ALI MUHAMMADIN KAMA BARAKTA ALA IBRAHEEMA WA ALA ALI IBRAHEEMA INNAKA HAMEEDUM MAJEED

NAMES OF ALLAH

STARTING WITH THE LETTER HA هـ

Hu, Al Hadee

02 November 1999 ////////////////////////////////////////////////////////////////// 24 Rajab 1420

02 / 11 / 1999 ////////////////////////////////////////////////////////////////// 24 / 7 / 1420

Darood (Blessings) and Salaam (Peace) on Muhammad, His Family, and His Companions

