



NAQSHBANDI MUHIBEEN

AS-SAYED NURJAN MIRAHMADI



**Mawlana
Shaykh Nazim
Al-Haqqani**

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Nur Muhamma

Secrets of Light
Muhammad Reality
Secrets of Creation
Secrets of The Throne
Prophetic Realities
Quantum Realities

Sufi Meditation Muraqabah

Healing Power of Sufi
Meditation and Divine
Energy Practices,
Muraqaba
Secrets in the Hand
Divine Energy,
Prophetic & Angelic
Sufi Meditations

Lataif of The Heart

Arc of The Covenant is the
Human Heart
Unlock the Vision
of the Heart
5 Levels of The Heart
9 Points of the Chest

Naqshbandi-Haqqani Proudly Present The Sufi Institute



Artwork from Austrian brothers <http://www.naqshbandi.asn.au/>

Healing Power of Sufi Meditation - Principles of Sufism - Arabic Recitation

The Naqshbandi-Haqqani Tariqa of America is happy to introduce **the Sufi Institute**, a non-profit, educational institute dedicated to spreading the teachings of Islamic spirituality, mystical healing and Sufi meditation.

THE SPIRITUAL RETREAT PROGRAM:

Lataif or Chakras
Studies of Enneagram
Sufi Meditation
Muraqaba Sufi Energy
Enneagram Studies
Prophetic Kingdom

Naqshbandi Sufi Way Secrets

Ancient Secrets of
Naqshbandi Haqqani
Sufi Order
The Siddiquiya
Secrets of the Cave
Rabbil Falaq Realities

Secrets of Letters & Numbers

Muqattaat Science of
Letters and numbers Fawatih
Unlock The Secrets of
Muqattaat in Prophet (s)
Hadiths of the Importance of
Letters
and Numbers

Naqshbandi Golden Chain

Khawjagan Masters of
of Sufism 40 Golden
Links of the Prophetic
Reality Ancient Masters
as ancient as the Soul

News & UPDATE! Contact Us

Latest info on Events
Locations of our Classes
Nationwide, International,
photos

Books Online

Dalail Khairat
(Prophetic Praising
and Guide to all
Goodness) &
1000's of Free Pages of
Ancient Secrets of
Creation,
Devotionals, Tafsihs
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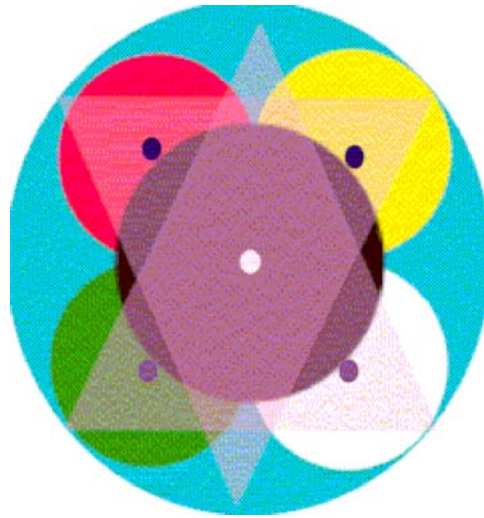
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Under the Guidance of Mawlana Shaykh Muhammad Hisham Kabbani



As Sayyid Shaykh Muhammad Hisham Kabbani (q)

**The Sufi Institute will launch its first program
this summer in Fenton, MI.**

The Spiritual Retreat Program, which is suitable for adult
mureeds of the Naqshbandi Tariqa of America, is a three-day
immersion program specifically designed to help you develop
your own personal spiritual path.

The Spiritual Retreat Program consists of a series of classes and workshops taught by a genuine Sufi expert and by our finest Sufi instructors. Students will have the opportunity to learn about the techniques of Sufi healing meditation, the fundamentals of Sufism and of fiqh, the mystical aspect of Sufi music, whirling and spiritual poetry, and the basics of the Quranic recitation. The teaching style is candid and interactive, and all classes are coached in a fun environment.

If you are interested in participating in the Sufi Institute's Spiritual Retreat Program, please fill out the form that is on our web site:



www.sufiinstitute.com



Mawlana Shaykh
Hisham al Qabbani



Mawlana Shaykh
Adnan al Qabbani

Email: staff@sufiinstitute.com

Call: 810-496-0086

Only Price: \$350 Meals Included

Date: June 29th to July 3rd



The Sufi Institute








Highlights of the Spiritual Retreat Program:

- Comprehensive training program based on the Naqshbandi-Haqqani teachings
- Sufi and healing meditation classes taught by a genuine Sufi expert
- Islamic and Quranic Workshops conducted by Sufi instructors
- Issuance of Certificates at the end of the program
- Exposure to the Sufi culture: spiritual poetry, whirling and *hadrah*
- Mystical chanting sessions with professional Sufi singers
- Low fees






Available Courses:

The Spiritual Retreat Program features two groups of courses: the **Classical Group** and the **Mystical Exploration Group**. Each Group is made up of a series of Sufi courses that suit the needs of the students: the Classical Courses explore the fundamentals and core principles of Sufism from an Islamic viewpoint; whereas the Mystical Exploration Group delves into the universality and multi-dimensional aspect of Sufism. Please note that all classes may not be available due to popularity.

- **Classical Courses**

-  Muraqabah: Sufi Meditation & Healing Practices
-  Principles of Tassawwuf
-  Introduction to the Naqshbandi Fajr Awrad and Quranic Recitation
-  Ancient Secrets of Numerology and Arabic Letters
-  Initiation to Salawat and Mystical Chants: Al Burdah and Dalail Khayrat

- **Mystical Exploration Courses:**

-  Muraqabah: Sufi Meditation & Angelic Healing
 -  Sufi Secrets of Modern Science in the Last Days
 -  Cosmic Energy and Whirling
 -  Introduction to Spiritual Poetry
 -  Physical Therapy and Sufi Healing Practices
-



In The Light of The King of All Saints



TEACHERS:

- ❖ As-Sayed Shaykh Nurjan Mirahmadi (Muraqabah, Secrets of Modern Science)
- ❖ Shaykh Taher (Principles of Tassawwuf)
- ❖ Shaykh Sahib and Bro. Isma'il (Arabic courses and Letters/Numerology)
- ❖ Bro. Ali Syed and Bro. Ahmed (Initiation to Salawat)
- ❖ Bro. Ahmed (Cosmic Energy and Whirling)
- ❖ Bro. Adnan (Physical Therapy and Sufi Healing Practices)
- ❖ Sis. Iman (Introduction to Spiritual Poetry)
- ❖ Sis. Sharifa (Physical Therapy)

AUDIENCE:

The Spiritual Retreat Program specifically targets mureeds of the Naqshbandi-Haqqani Sufi Order of America. We are working on another program that will be open to the general public soon. Children under 18 must be accompanied by their parents,

Please no children under the age of 12.

CERTIFICATES:

Upon completion of the Spiritual Retreat Program, students will be handed a Certificate of completion. The certificate, which highlights all the courses offered by the Sufi Institute, may serve as a proof that the student has been exposed to the teachings of Mawlana Shaykh Muhammad Hisham, as taught by the Sufi Institute instructors.

Course Descriptions

Muraqabah: Sufi Meditation & Angelic Healing Practices

Instructor:

As-Sayed Shaykh Nurjan Mirahmadi

AS-Sayed Snaykn Nurjan Miranmadi

As-Sayed Nurjan brings these ancient knowledges and practices of spirituality back to the seekers of New Age in the context of the extreme materialism of today blended with his wonderful sense of humor. His style is to teach without teaching. He is an avid reader and a huge lover of spiritual music.

Principles of Sufism

Instructor: Shaykh Taher Mateen Siddiqui

Ancient Secrets of Numerology and Arabic Letters



Instructor: Brother Ismaeel Dhul-Qarnayn

Course Description:

An introduction to the secrets of numbers and Arabic letters as taught by the Masters of the Naqshbandi-Haqqani Sufi Order. The course material is based on the Sufi articles that are featured on Nurmuhammad.com

Course Objectives:

- Learning how to read the **Abjad table** Understand the spiritual meaning of the Arabic letters

(Qaf, Dal, Ra, etc) Understanding the relationship between the Arabic letters and *Barhul Qudra*

Introduction to the Naqshbandi Fajr Awrad and to Quranic Recitation

Instructor: Imam Sahib Mahamoud



Course Description:

This course introduces the students to the beautiful *Fajr Awrad* of the Naqshbandi-Haqqani Sufi School. Students will learn how to perform the *Awrad* correctly and how to lead *zikr*, and how to read and use the most important book of the Naqshbandi-Haqqani Sufi School: the Naqshbandi Guidebook.

The second part of the course gives students the opportunity to improve their Quranic recitation skills by listening to an Arab teacher and learning the most important *Surahs* of the Naqshbandi-Haqqani Sufi School.

Course Objectives:

- Learning how to perform the Naqshbandi *Fajr Awrad*
- Learning how to lead the Naqshbandi *Zikr (Khatm'ul Khawjagan)*
- Learning how to read and use the Naqshbandi Guidebook
- Improving Quranic recitation skills

Sufi Secrets of Modern Science in the Last Days



Instructor: As-Sayed Shaykh Nurjan Mirahmadi

Course Description:

This course delves into the secrets of modern science and explores the reality of quantum physics and its relationship to the arrival of Imam Mahdi {as}. Topics covered include: Nanotechnology and the reality of Jinns, binary numbers, Quantum sciences and the **Deceptive Magic** of the Anti-Christ.

Course Objectives:

- Understanding the miracle of Quantum reality
- Preparing the Soul for the arrival of Imam Mahdi
- Protecting the Soul from the **Magic** of the Anti-Christ
-



Cosmic Energy and Whirling



Instructors: Brother Ahmed Krambo with an introduction by As-Sayed Shaykh Nurjan Mirahmadi

Course Description:

An introduction to the techniques of Sufi Whirling and to the secret of cosmic energy as it relates to the spirituality of the Naqshbandi Sufi School. Students will learn the importance of whirling from a cosmic and spiritual viewpoint. The course provides an exposure to the art of Sufi martial arts as well.

Course Objectives:

- Understanding the connection between whirling and energy
- Understand the secret of the **Full Moon, the Earth and the orbiting of the Sun**
- Learning whirling techniques: speed, hand coordination and heart focus



Introduction to Spiritual Poetry



Instructor: Sister Iman Hoffman

Course Description:

This class introduces spiritual poetry from a Sufi perspective. Students will have the opportunity to read Sufi poems from some of the most famous Sufi poets. Students will understand the meaning of Sufi symbolism: love, attraction, wine and intoxication, seasons. calligraphy in poetry. The instructor will provide the class with a series of interpretations of popular Sufi poems based on the Naqshbandi-Haqqani teachings.

Course Objectives:

- Understanding the notions of spiritual union, intoxication, and separation
- Understanding Sufi Calligraphy and its relation to Sufi poetry



Mystical Initiation to Salawat and Mystical Chants: Al Burda and Al Dalail Khayrat



Instructor: Brothers Ali El Sayed and Ahmad Krambo

Course Description:

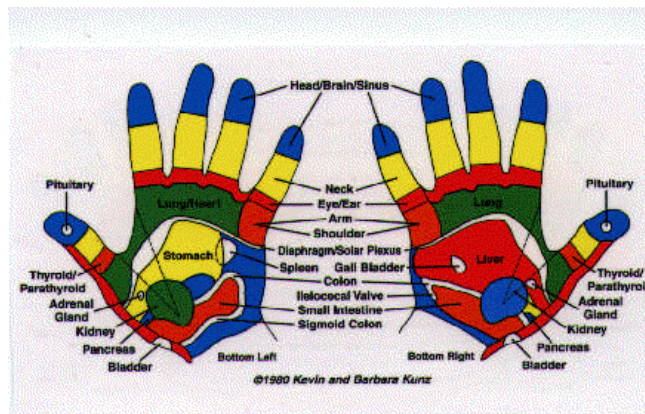
An introduction to the Sufi techniques of mystical chanting and to the importance and secrets of salawat according to the Naqshbandi-Haqqani Sufi School. Students will have the opportunity to learn and sing excerpts from the classical poems Al Burda and **Dalail Khayrat**. The course provides a strong exposure to the ancient concept of hadrah. At the end of the course, students will be provided with audio recordings of their musical sessions.

Course Objectives:

- Learning the importance of the Dalail Khayrat and the Burdah
- Improving recitation of Salawat and qasidas
- Discovering the concept of hadrah



Physical Therapy and Sufi Healing Practices



Instructors: Brother Adnan Syed and Sister Sharifa Sweet

Course Description:

This course focuses on healing practices and effect of breathing and meditation according to the Naqshbandi-Haqqani School of thoughts. The course will also explore the ancient technique of Thai massage as it relates to Sufism. The class is divided into two parts: theory and practice. Course topics include: breathing exercises with “Allah” and “Hu”, stretching and hand massages. Please note that you

will receive a special Certificate for this course.

Course Objectives:

- Learning how to breath consciously
- **Hands On Training: Brother Adnan will show Hands on to the men and Sister Sharifa will show the Ladies**
- Understanding the importance and the notion of breaths
- Learning how to use body massage as a healing technique



More Information:

The Sufi Institute's Spiritual Retreat Program will give you a unique mind, body and spirit experience. Join us this summer as we celebrate the beauty of Sufism in an unparalleled way.

COST:

The cost of attending the program is \$350 per person

All the courses **as well as food** are included in the cost of the program.

Installment plans are available to those who qualify.

SCHEDULE:

The program will take **place June 29th to July 3rd 2006**

Classes will take place starting Friday morning and end Sunday afternoon

After classes on Sunday there will be an demonstration party where everyone will actively practice what they have learned.

Please reserve your seat by registering early.

Required Material:

The Naqshbandi Guidebook is the only book required for these courses

You will need a notebook to take note as well as a recording device, such as a tape player, or Video to record sessions from all classes especially the mystical chanting and Quranic Recitation classes. Kuffs are strongly recommended for the Whirling Class.

If you wish to participate, please fill out the form on our website,

Or simply call or email us,

CALL NOW
810-496-0086

We look forward to hearing from you!

Please visit us online at:

www.sufiinstitute.com

Or call (810) 496-0086

Fax: (973) 215-6916

Email: Staff@sufiinstitute.com

* Please note that the price does not include room and board. Participants are responsible to make their own accommodations. However, if you would like to stay at the ISCA center, simply email us.