

Naqshbandi Muhibeen *As-Sayed Nurjan Mirahmadi*



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Shaykh Nazim
Al-Haqqani
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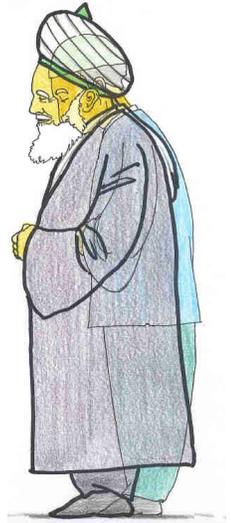
Building Your Energy **Muraqabah Energy Series** *Defending Against Evilness*

Defending Yourself **Against Evilness**

*In His Dress is the Dress of Power.
Fana in the Shaykh is the Only way to have the Power of
RasulAllah Dressing You.*

*La Hawla wala Quwwata ilah billah
al-Alee al-Azeem {100x Daily}*

Taken from the Teaching of Shaykh Hisham Al-Kabbani



Personal Protection:

When Faced with something or an Energy that is unpleasant...

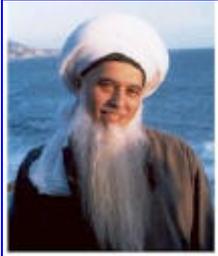
Naqshbandi Authorized Protection:

First And Most Important : Evilness Can not Look to the Face of the Sultan al-Awliya. So Proudly Display His Pictures Over Beds, Living Room, Dinning Room, Entrances to home, Cars :

Power of Darood or Salawat on Prophet Muhammad (s): Burns away evilness , because Sayedena Muhammad (s) Promise that for every Praise and Prayer on Me I will be present to you to return the greetings. This Light of Sayedena Muhammad (s) Burns away

evilness.

Du'a / Prayers



Mawlana

Shaykh Kabrani

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Bismillah Hillazi

**la yadurru ma'ismihi {HabibAllah}
shay un fil ardi wa laa fis samaa
wa huwa samee ul Aleem (Recite 3x)**

In the name of Allah,
by whose name nothing is harmed!
Neither on earth nor in the heavens
and He is the all-Seeing, the all-Knowing (Recite 3x)



Fire of Difficulties

to be cooled down and made into the fire of Divine Love.

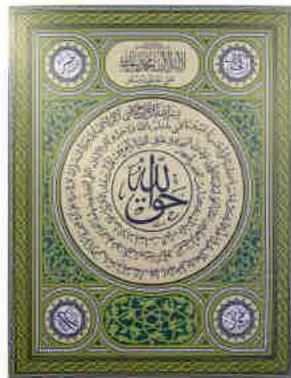
21.69 We said, "O Fire! be thou cool, and (a means of) safety for Abraham!"

Qulna ya naru , koonee bardan wasalaman aala ibraheema : {33x Day}

For relief of Anger or Stress: 33 times per day,
Additionally when making daily Wudu/ Ablution recite and
imagine that the light of wudu is taking away the fiery
character. This Anger is a means in which evilness gains
entrance to you.

قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَيَّ

إِبْرَاهِيمَ ﴿٦٩﴾



Make Sure you are wearing a Taweez:

"Right click image and Print it out"

This is a spiritually significant Emblem, that shows ones connection to the Divine Kingdom. Followers of Sultan Awliya Muhammad Nazim Haqqani should proudly display this Taweez or Similar to this . On Ones Self, family members personal property and homes, on the window right corner of each window .

[READ THE ARTICLE ON SECRETS OF TAWEEZ.](#)



Angels Gave This for Prophet {s} Protection at Birth For Adults and Children:

"The heavenly angels descended and surrounded the Prophet's {s} mother Amina on all sides, so that she was placed in the middle and thus protected from the invidious gaze of the Jinn, and so no harm could befall her. Then one of the angels addressed her and spoke, 'Oh Amina, I bring you good news of the blessed boy you bear, for this son is meant to be the last and the seal of all prophets, and the prince of them all, and a leader of his people. Allah Almighty bears witness to this from his beginning up to the end. When you have given birth to this blessed child, recite over him these words for his protection:

1. **Bismillahi astar'ika rabbak, wa a'wwadhuka bil-wahid**
2. **Min sharri kullu hasidin wa qa'imin wa qa'id**
3. **Wa kullu khalqin za'id**
4. **wa 'an il-fasadi jahilin wa kullu khalafin fasid**
5. **min nafizhin au 'abithin wa kullu jinnin marid**
6. **ya'khudhu bil-murasidin bi-t-turuq-il-muwarid.**

7. ***La yadurrahu wa la ya'tunahu fi yaqazhatin wa la manam wa la fi zha'ni wa la fi maqam***
8. ***Sajis-al-layali wa awakhar-al-ayyam Yad-allahi fauqa aydihim wa hijab-allahi fauqa 'adiyatihim.***

(In the Name of Allah, I beseech Thy Lord for Thy protection and I place Thee in the keeping of the One.)
 (From the evil of every invidious one, be he standing or seated.)
 (and whatever other creature)
 (and from the mischief of the ignorant and every evil consequence)
 (from the meddler or disturber, and from every defiant Jinn)
 (who takes advantage of any easy way of access)
 (that they may not approach with harm while he wakes or sleeps, in no circumstance or place)
 (Allah's Hand is above theirs, and Allah's Shield over their misdeeds.)”

When More Du'a Needed.. one or all may be recited

A'udhu bi-wajhi-Ilahil-karim wa bi-kalimati-Ilahi-t-tammat-allati la yujawizuhunna barrun wa la fajir, min sharri ma yanzilu min-as-sama'i wa ma ya'ruju fiha wa min sharri ma yakhruju minha wa min fitan-il-layli wa-n-nahari wa min tawariq-il-layli wa-n-nahari illa tariqan yatruku bi-khayrin, ya Rahman!

(I seek refuge in the Gracious nature of my Lord Allah, and in the perfection of the Divine Word which neither the righteous nor the transgressor is able to breach, from the evil which descends from the sky and that which rises up to it; and from the evil which comes forth from the sky; and from the tribulations of the night and the day, and from all the calamities of night and day, except for those that result in benefit, Oh Lord of Mercy!)

When this Du'a was recited, the fire of an *Ifrit* (devil) died down. Therefore, it can be used to lessen satanic influences.



To ask for Unseen Support, Recite:

1. Madad yaa rijaal-Allah a`eenona bi-`awnillaah wa kun `awnan lanaa billaah `asa nahda bi-fadlillaah. (Recite 3x)

(Help, Oh Man of Allah. Help us with Allah's help, and so be a help to us. Perhaps we will be so fortunate as to receive Allah's Bounty.)

2. Madad Ya Sayyidi, Ya Sahib, Ya Siddiq, Ya Rasul, Ya Allah. (Recite 5x)(Help, Oh our Master, Oh Companion, Oh Trustworthy, Oh Messenger, Oh God)



When Riding Upon Something Airplane, Cars, Trains:

Quran Yaseen 36:38 "(Recite 100x)" -

BismiAllah Al Rahman Al Raheem

"thalika taqdeeru alAazeezi alAalemme"

وَالشَّمْسُ تَجْرِي لِمُسْتَقَرٍّ لَهَا ذَلِكَ تَقْدِيرُ

الْعَزِيزِ الْعَلِيمِ (٣٨)

That is the measuring of the Mighty, the Wise

When Entering into a place or your home, for increased protection, sustenance and out of general respect for the unseen, recite:

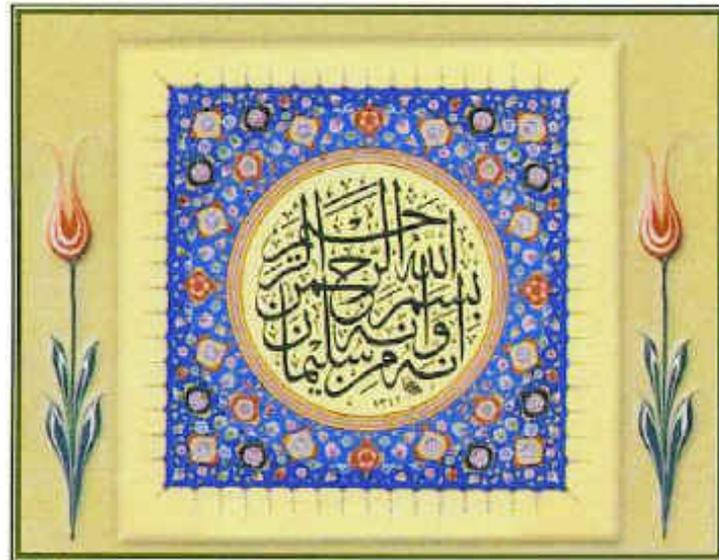
1. ***Assalaamu Alaika Ya RasulAllah, wa Salaam u Alaika Ya Ibadullahi Saliheen wa ghayibeen. Surah Ihklas (Qul huwa Allahu ahadun Allahu as-Samadu lam yalid walam yulud walam yakun lahu kufuwan ahadun) (Recite 1x)***

(Peace be upon you, Oh Messenger of God, and Peace be upon you Oh righteous servants of God and the unseen. Surah Ikhlas)

General Cleansing of a particular Space from Bad Energy:

{Asking The Heavenly King Support over Dunya Difficulties}

Holy Quran 27:30 Bismi Allahi alRahmani ar-Raheem " Inna hu min Suleiman wa inna hu Bismi Allahi alRahmani ar-Raheem "



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"IT IS FROM SOLOMON, AND IS (AS FOLLOWS):
"IN THE NAME OF ALLAH, MOST GRACIOUS MOST MERCIFUL"

Recite Upon Water:

- 40 times Upon Water Surah Fatiha for Not Smoking, Addictions
- Upon Water Jug 7 Fatiha , 7 Ihklas, 7 Falak, 7 Nas Daily upon water and drink for removal of bad energy within the body this remedy for 40 days. [***Ihklas, Falak, Nas***](#)

Before Sleeping:

- *Make ablution*
- *Pray two cycles of Prayer*
- *Then Read Surat [***Ihklas, Falak, Nas***](#) then rub light of prayer on your body and then sleep.*

- Sleep preferably with head covered
- Sleep on Back or Right Side Not on Stomach or Left side
- and Siwak or salt on the night stand

Understanding Ruqya { Talisman/Healing}

4. Narrated Ibn `Abbas (Allah be well pleased with him)

Some of the companions of the Prophet passed by some people staying at a place where there was water, and one of those people had been stung by a scorpion. A man from those staying near the water, came and said to the companions of the Prophet, "Is there anyone among you who can do Ruqya as near the water there is a person who has been stung by a scorpion."

- So one of the Prophet's companions went to him and recited Surat-al-Fatiha for a sheep as his fees.
- The patient got cured and the man brought the sheep to his companions who disliked that and said, "You have taken wages for reciting Allah's Book." When they arrived at Medina, they said, '
 - O Allah's Apostle! (This person) has taken wages for reciting Allah's Book"
 - On that Allah's Apostle said, "**You are most entitled to take wages for doing a Ruqya with Allah's Book.**" (Saheeh Bukhari)

Energy Practice:

Ilm Haqq

Knowledge of the Truth

In Muraqabah of Shaykh

Breathing Dhikr of Hu Allah Hu

Imagine A light Surrounding you.

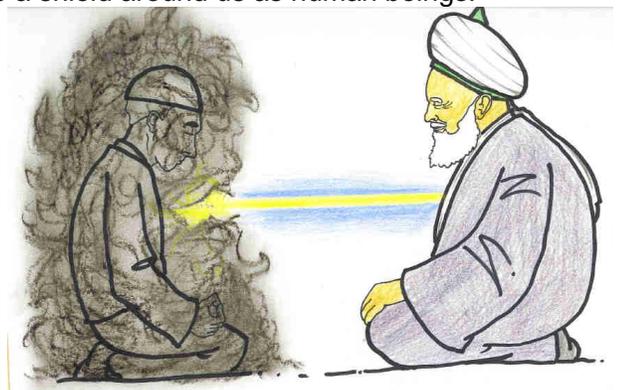
Imagine a Shield of Energy protecting you, and slowly push away badness.

Destroy Evilness Within Yourself

1 Admit to our own Evilness

We produce an evil energy, and it becomes like a shield around us as human beings. That is what we have been doing, as human beings;

- Many of us have built around ourselves a shield of evil energy. Starting from our childhood it has been built, and that is what we call the *Nafs at-tifl al-madhmoomat*, The Childish Self.
- This evil energy grows through our childish acts.
- Building up in us all kinds of arrogance,



all kinds of pride; to make us to lie and cheat and to forget the Prophet and forget Allah (swt) and to forget the *Awliya*, Saints.

- This becomes a negative shield around us.

2 *Need Assistance of More Pious Than Ourselves*

Bayat is like a Catheter into the Heart. The Shaykh gives you the connection so that spiritual medicine can be given at specific doses in ones life.



So when you admit you are losing faith, and losing yourself, and losing confidence, and not able to make *Muraqabah*, and not able to make meditation...

Yes, admit it and they will make a tube for you, and that will allow the good energy to go thru that shield. That shield you have built through *shaytan* and ego. The *Awliya* put a small tube and have the positive energy, which is coming from the sun, to goes thru the tube and slowly slowly destroy the bad energy that is around yourself.

We Have created you perfect, without any pollution. Clean. Don't you remember that? "*Then tell me about the seed that you sow in the ground.*" If you want to put that shield and keep

it, You are going to see nothing thru your heart. You will have a dark heart.

3 *But if you let that shield be destroyed by good energy, that comes*

thru a channel from the heavens...

Every person has a channel. Every human being has his own channel that Allah (swt) gave to him. The channel that you have is only for you, and not for anyone else.

The only one that can guide you to your channel is your spiritual doctor, who can put the dialysis machine thru that tube every three days.

Or those doctors that put the serum every few hours, they put the serum, they don't punch you, they keep you connected.



4 *That doctor is your guide; he has to put the tube in for you.*



If the doctor is not there, then you yourself cannot break a hole in that shield of dark energy. The doctor has to find the weak spot and drill thru that weak spot to put the tube. Then the doctor puts the serum in the tube. After a few days the patient will stand up, healed. { **That tube is your initiation to the Teacher**}

5 *Awliya'ullah { Saints} open that tube so you get that energy, which is heavenly energy.*

How can we get this heavenly energy?



I will say that the only way you can receive that energy is thru **Muraqabah**. Meditation You have to turn yourself into a magnifier. If you put a paper under the sun, it does not burn. You put a magnifier over the paper, and then the paper burns.

The energy you receive thru Muraqabah will burn, or destroy, the negative shield that shaytan built around you.

6 *So Muraqabah/Meditation is a magnifier; it intensifies the good energy to overcome the bad energy and destroy it.*

The Awliya, or Saints, have a tremendous positive energy through their love of the Prophet. When you connect to them, through Muraqabah, you can access their positive energy to burn your negative shield.

If the love Awliya have for the Prophet was to be revealed it would burn. When that love comes, they cannot control themselves, tears come. They cannot control themselves.

7 *Fusion with Your Shaykh, Unite Back to Your Origin*



You (X) Shaykh = Shaykh , 1 x 0= 0

Awliya long intensely to be in the presence of the Prophet, in dunya and Akhira. They want to address him, and see him, and speak to him, face to face - with no veil.

O believers, that love for the Prophet is beyond description! That kind of energy can burn every other energy, can overcome every other energy. It makes tears in the eyes. Just one of those tears can quench a fire.

The energy in the presence of Sayyidina Muhammad (s) is so powerful. To make Muraqabah with the Prophet with no veils is indescribable. When you come in his presence, he dresses you a beautiful spiritual energy that Allah (swt) gave him. That energy can break thru all the polluted energy.

The *Nasma* {Aura} and Meditation

In spiritual terminology, the non-physical body is called the *nasma*. *Nasma* exists within each physical body as a subtle vapor, or energy breeze, created by the chemical output of the physical body.



The *nasma* is present in human beings just as rose water is present in the rose or as the fire in glowing coals. Being superior with its connection to the divine energy source, it can taste without using the tongue, can see without using the

eyes, and can hear without using the ears.

By using the *nasma*, HSP { High Sensory Perception} is made available to the spiritual healer. The *nasma* derives its nourishment from the esoteric energy which is released whenever we act, think, or form a belief or intention. The *nasma* in human beings is capable of leaving the physical body at any time through the universal driving force.

When the flow of spiritual energy is disturbed or insufficient, the health of the patient is adversely affected, leading to pain, disease, distress, and so forth. These are signals that we need to rebalance our energy.

Spiritual healing is not at all a mysterious process but is in fact very straightforward, albeit oftentimes quite complex. The spiritual healing technique involves the energy field that exists around each of us. Everyone has an energy field or an aura that surrounds and interpenetrates the physical body. This field is intimately associated with the health of the human being.



In different cultures, energy is known by different names. The word "energy" is referred to as:

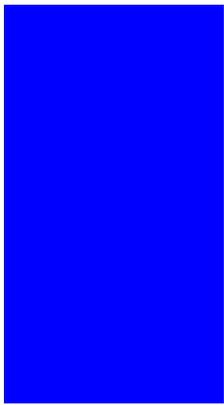
Ki in Japanese
Chi in Chinese
Prana in Hindi
Qudra in Arabic

- Energy is the life breath transmitted to us from the Existing, Everlasting Superpower that overlooks human beings and all creation.
- Energy regulates our thought patterns and emotions, is the source of our life force and is the animating factor in all living beings. It circulates through our bodies and can be harnessed for healing.
- It is the source of all movement in the universe. When the human body loses its life breath the original energy (or life force) leaves it, allowing the body to decompose.
- The body goes back to its earthen origins and the spirit returns to its angelic origin of spiritual energy.
- This energy is never lost and exists without the secret of its nature being understood by science and modern medicine.



This unknown spiritual energy is behind the life of every drop of blood in animate beings, the motion behind every living cell, and the driving force of constellations and galaxies.





[Part 1 Core Meditation](#)

[Defending Against bad Energy](#)

Muraqabah/ Sufi Meditation Series Building Energy

[Start The Spiritual Healing](#)

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